



Upper Endoscopy Instructions

You are scheduled for an upper GI endoscopy (EGD) procedure.

Date: _____ Time: _____

Nothing by mouth after midnight the night before your procedure. If you take Insulin or other diabetic medicine, please tell us so that we can give you special instructions about diet and medicine.

During the procedure we will examine your esophagus, stomach and duodenum using a fiberoptic gastroscope. You will receive medication for sedation. This makes the procedure comfortable. You will be sedated but arousable. With the sedation you should not feel discomfort from the instrument and you should not have a sore throat afterwards. Many patients do not remember the procedure. Procedure is about 15-20 minutes long. You will not be able to drive until the following day. Please make arrangements with a driver for the day of your procedure. They will need to wait in the lobby until you are ready for discharge. After the procedure you may not recall what we have told you about your finding but you will have written instructions and we can discuss with whoever accompanies you. We will call with any biopsy results in 3-5 days.

If you have any questions or concerns please feel free to contact us on the Portal or call 208-463-3008.

We are located at 3277 E Louise Dr, Meridian, ID 83642 on the second floor of the Portico West building.

Notice regarding pathology specimen billing:

Please be aware that any specimens removed during the procedure (biopsies or polyps) are submitted to an independent pathology provider group. You will receive a separate billing statement from the pathology group. Costs for pathology specimen analysis are separate from and not included on the billing from Saltzer Medical Group.